

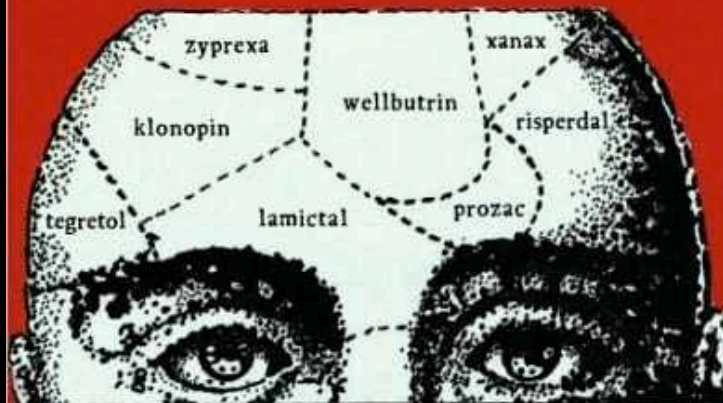
*Hi, this is
LarryHobbs @ FatNews.com*



ANATOMY OF AN EPIDEMIC

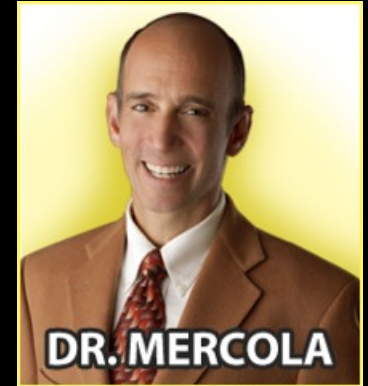


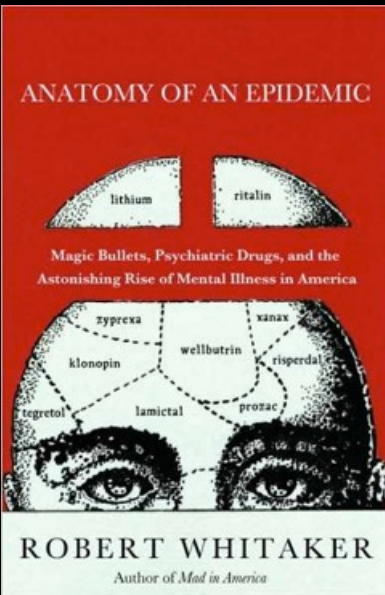
Magic Bullets, Psychiatric Drugs, and the
Astonishing Rise of Mental Illness in America



ROBERT WHITAKER

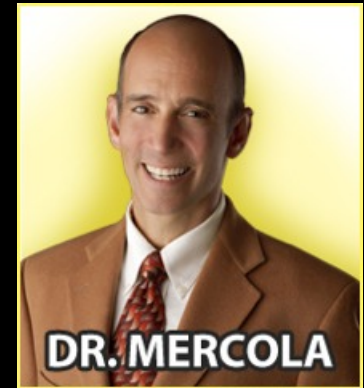
Author of *Mad in America*

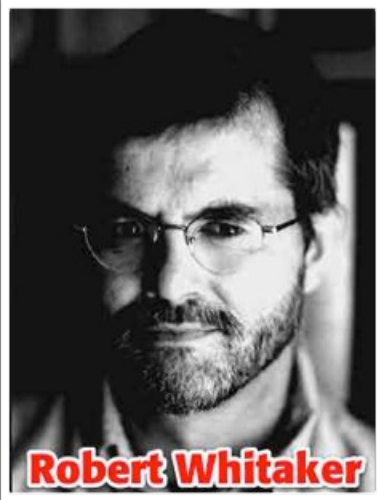




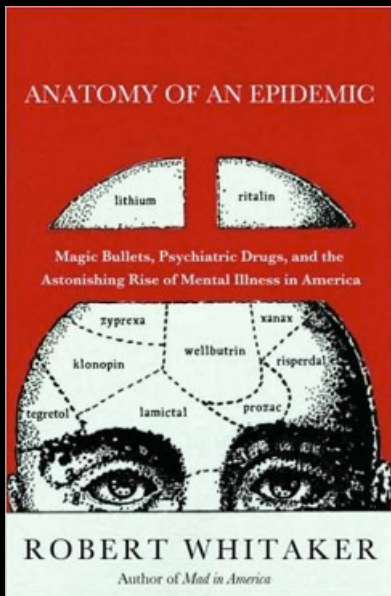
For mild to moderate depression, antidepressants do NOT appear to be any better than placebo over the short-term.

— Brief Summary of Dr. Mercola's interview with author, Robert Whitaker



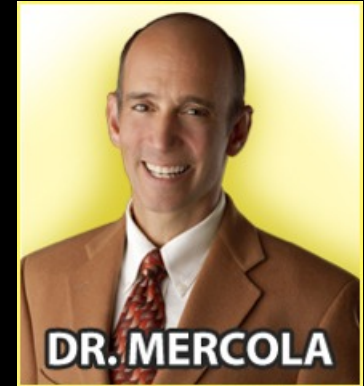


Robert Whitaker

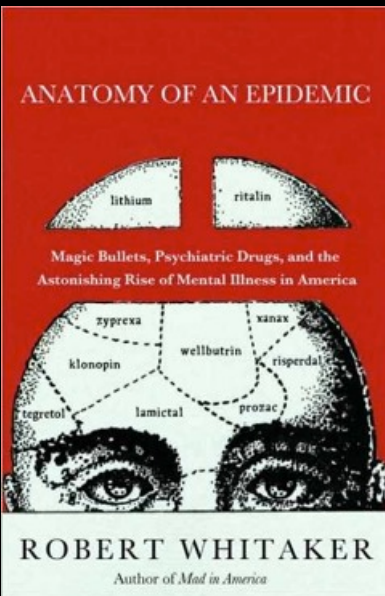


**Long-term use of antidepressants
INCREASES
recurrence
of depression.**

**— Brief Summary of
Dr. Mercola's interview with
author, Robert Whitaker**

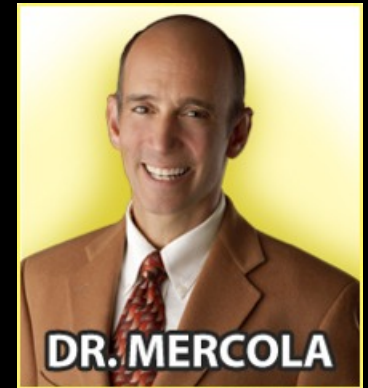


DR. MERCOLA



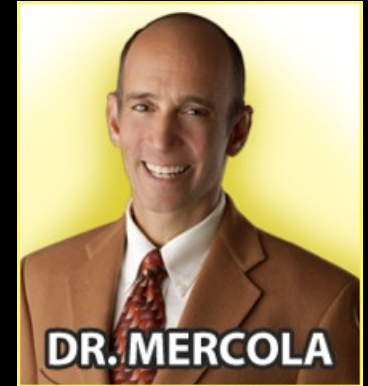
Long-term use of antidepressants turn a short-term illness into a chronic illness.

— Brief Summary of Dr. Mercola's interview with author, Robert Whitaker

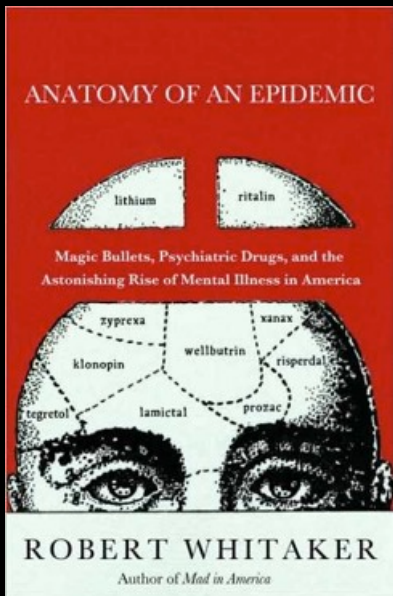


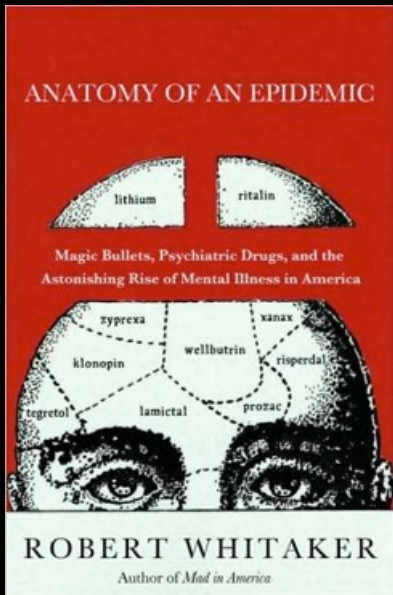


**85% of people
with depression
who are NOT given drugs
are well after a year.**

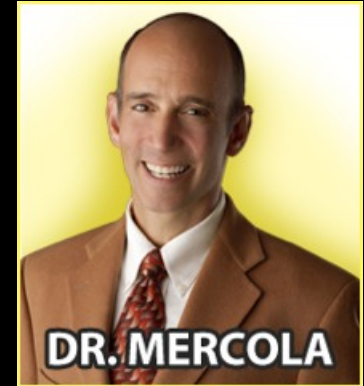


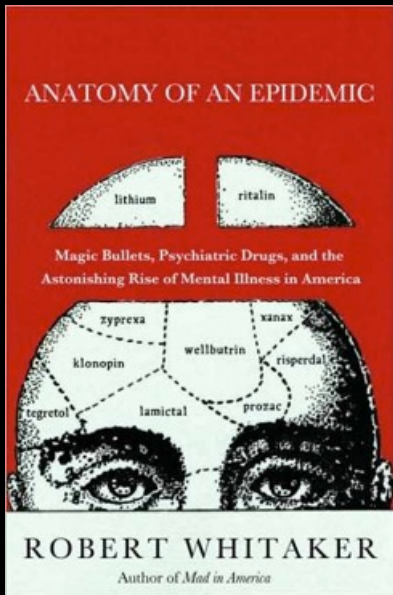
**— Brief Summary of
Dr. Mercola's interview with
author, Robert Whitaker**



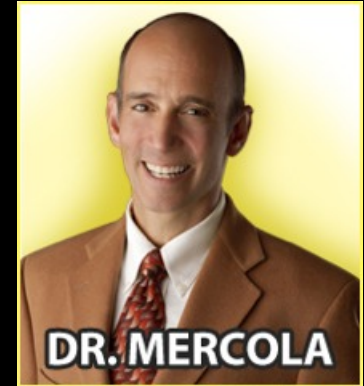


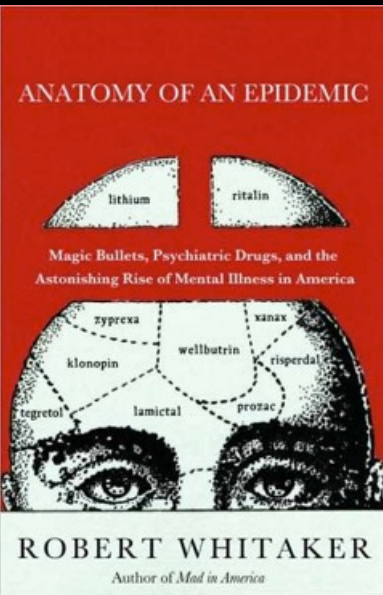
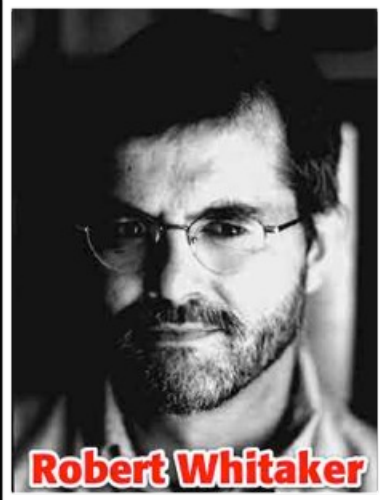
However,
only 15%
of those given
antidepressants,
do well long-term.
— **Brief Summary of**
Dr. Mercola's interview with
author, Robert Whitaker





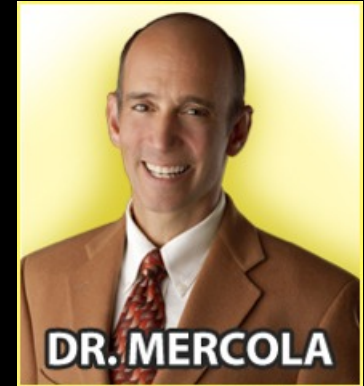
There is evidence suggesting that long-term use of antidepressants causes cognitive problems.
— **Brief Summary of Dr. Mercola's interview with author, Robert Whitaker**

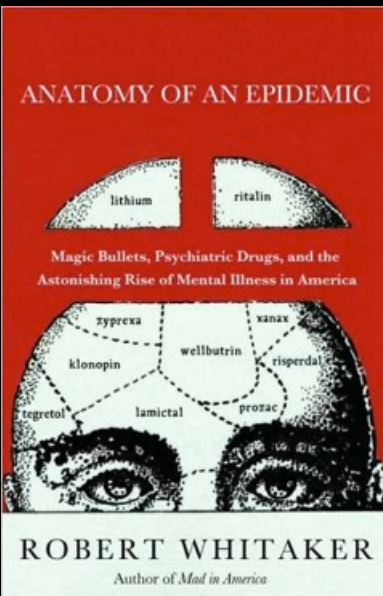




Long-term use of antidepressants INCREASE the risk of people converting from depression to manic-depression.

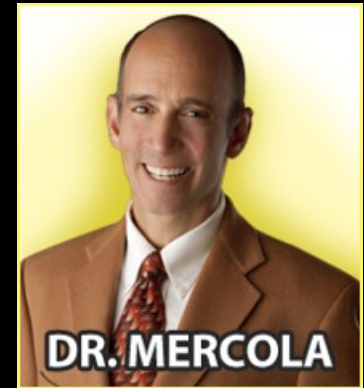
— Brief Summary of Dr. Mercola's interview with author, Robert Whitaker

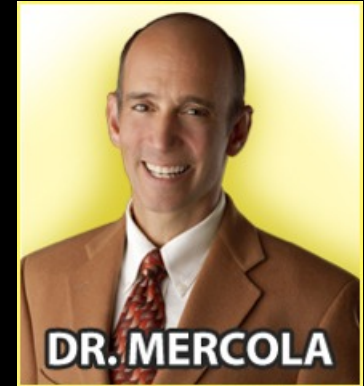




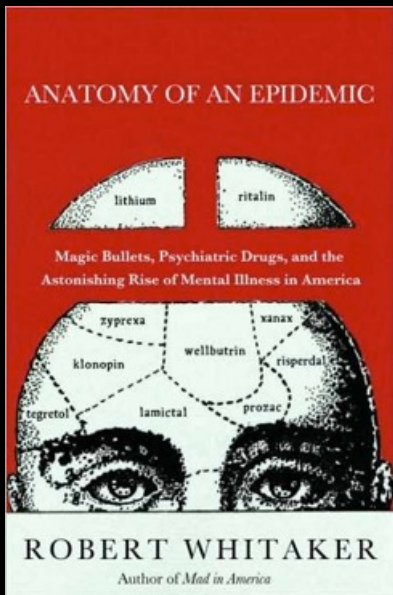
One study found that exercise-alone worked better than drugs-alone or drugs-plus-exercise, and that adding drugs **HINDERED long-term recovery.**

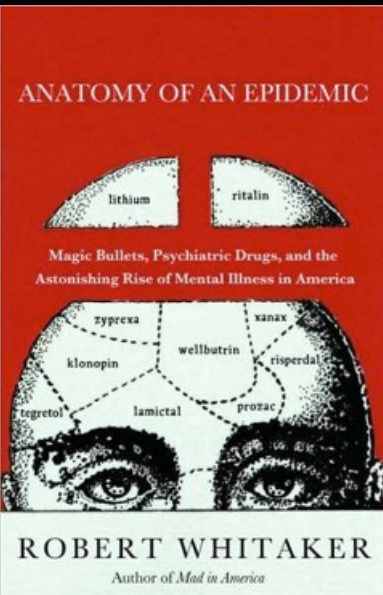
— Dr. Mercola's interview with Robert Whitaker





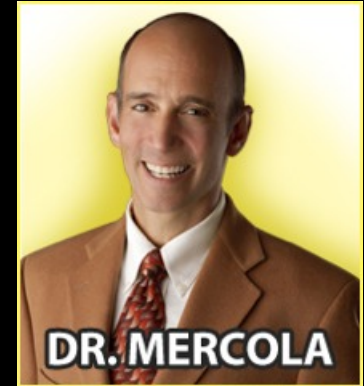
In the interview he did in Salon, he also noted that...

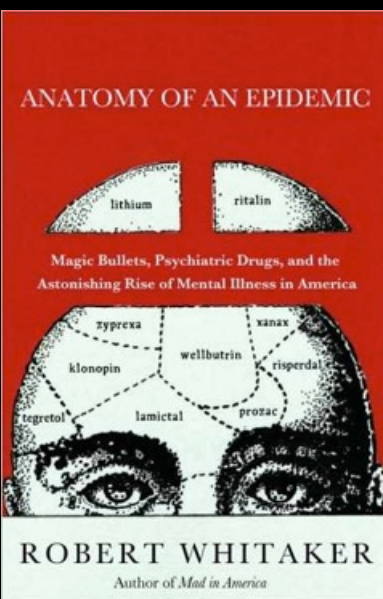




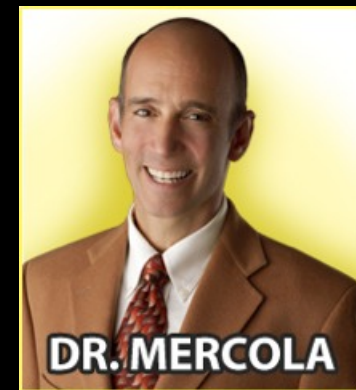
**“In the late 1970s,
Jonathan Cole — the
father of American
psychopharmacology —
wrote a paper called
‘Is the Cure Worse Than
the Disease?’...**

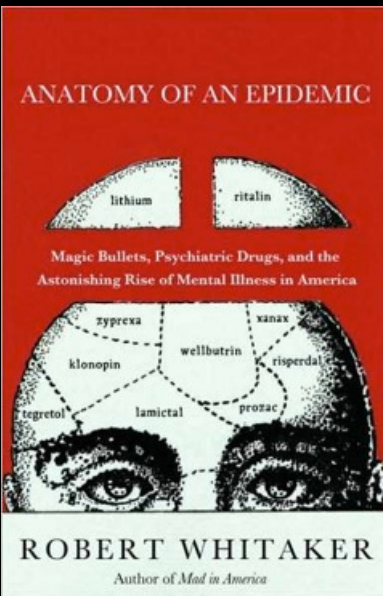
**— Robert Whitaker’s
interview on Salon.com**





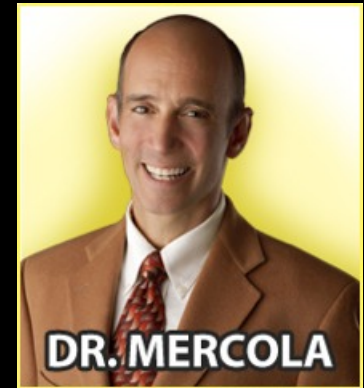
“... that signaled that antipsychotics weren't the lifesaving drugs that people had hoped.”
— **Robert Whitaker's interview on Salon.com**

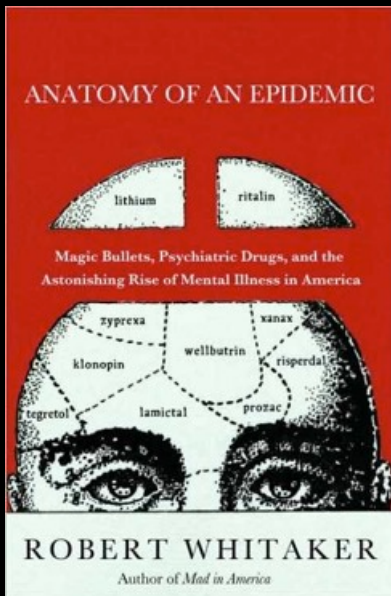




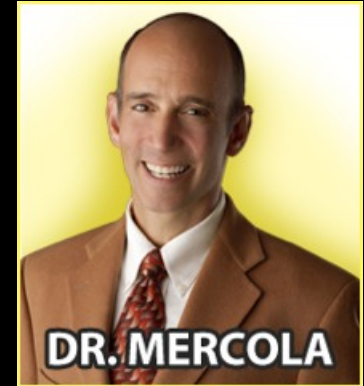
“In it, he reviewed all of the long-term harm the drugs could cause and observed that...

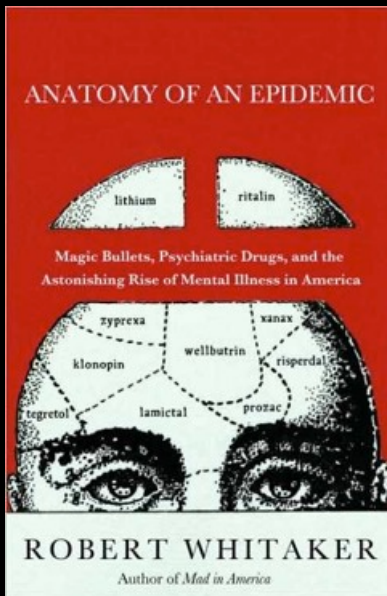
— Robert Whitaker’s interview on Salon.com





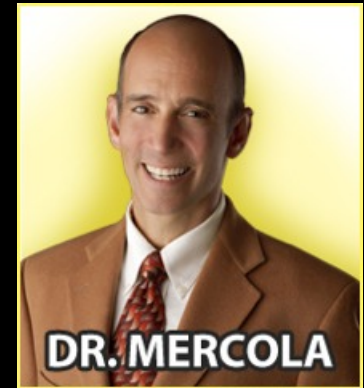
“... studies had shown that at least 50 percent of all schizophrenia patients could fare well without the drugs [without antipsychotics]... — Robert Whitaker’s interview on Salon.com

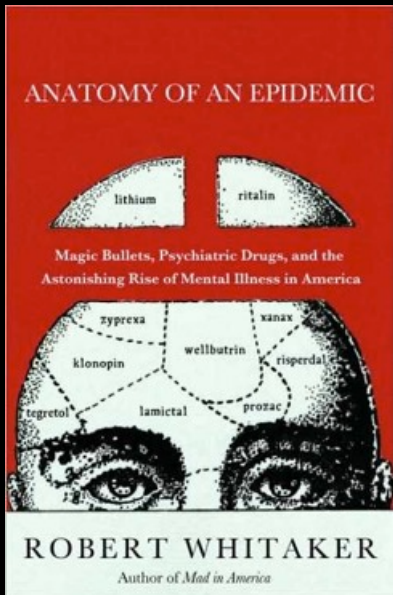




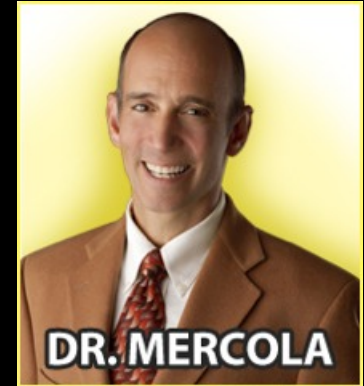
**“... He wrote,
‘Every schizophrenic
outpatient maintained on
antipsychotic medication
should have the benefit
of an adequate trial
without drugs.’**

**— Robert Whitaker’s
interview on Salon.com**



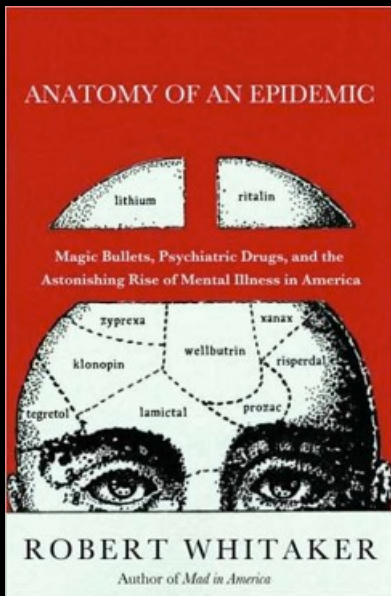


***In the same Salon
interview,
Whitaker notes that...
— Robert Whitaker's
interview on Salon.com***



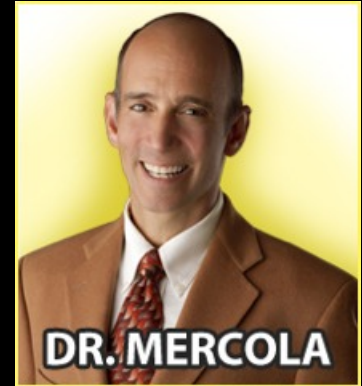


Robert Whitaker

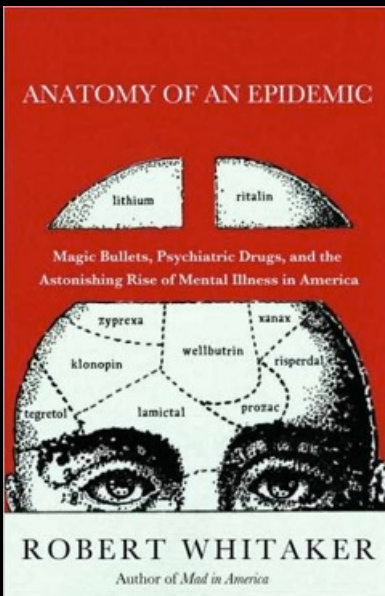


“... a 2007 outcome study for schizophrenia patients found that the recovery rates was only 5% for those GIVEN drugs (antipsychotics) versus 40% for those NOT given drugs.”

— Robert Whitaker’s interview on Salon.com

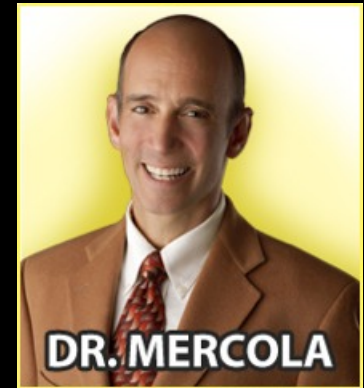


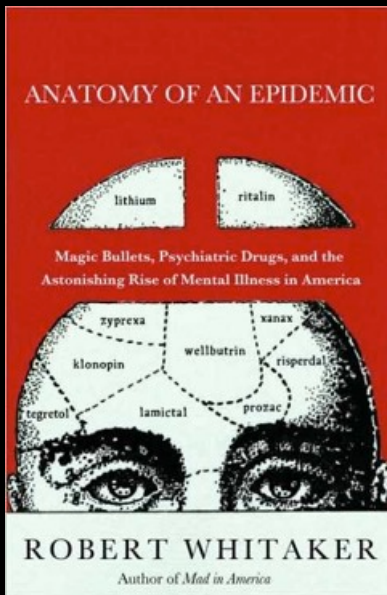
DR. MERCOLA



**However, he also found
that the
US National Institutes of
Mental Health
NEVER issued
a Press Release
about this study.**

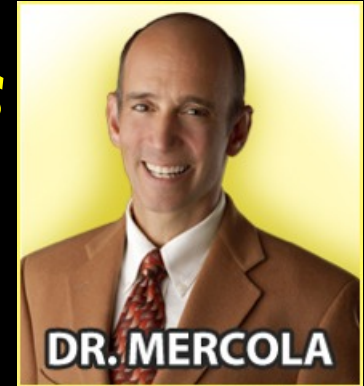
**— Robert Whitaker's
interview on Salon.com**

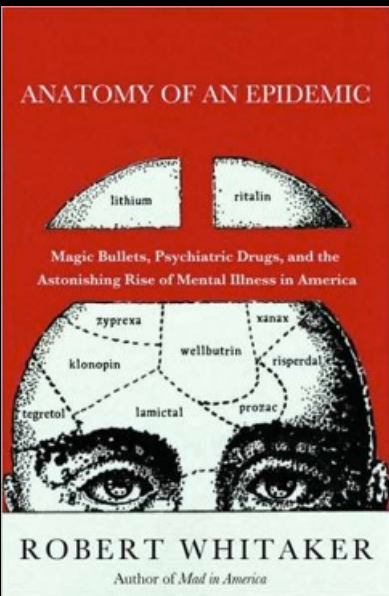




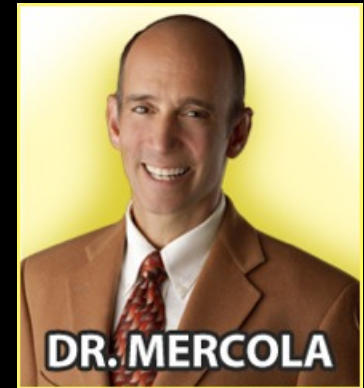
He also found that results of this study were NEVER mentioned in any books or publications from the American Psychiatric Association.

— Robert Whitaker's interview on Salon.com





**He found that the
National Alliance on
Mental Illness
NEVER issued
a Press Release about
the results of this study.
— Robert Whitaker's
interview on Salon.com**



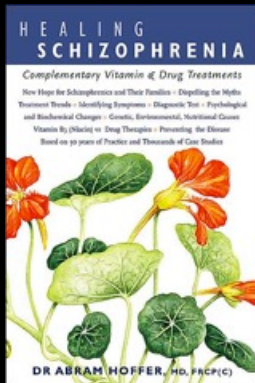
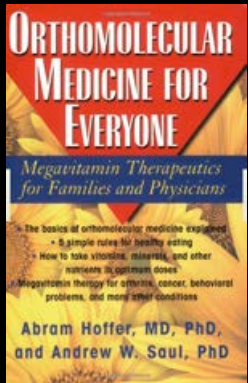
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IN MEMORIAM
ABRAM HOFFER

**Abram Hoffer,
MD, PhD**

**Back in the 1950's,
Abram Hoffer, MD, PhD,
discovered that large
doses of niacin along with
vitamin C and some other
nutrients, doubled the
rate of recovery from
acute schizophrenia
from 35% to 75%.**

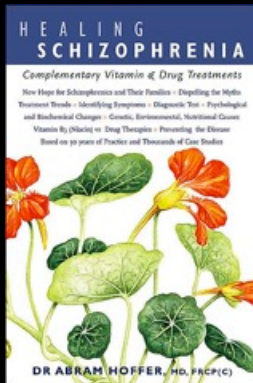
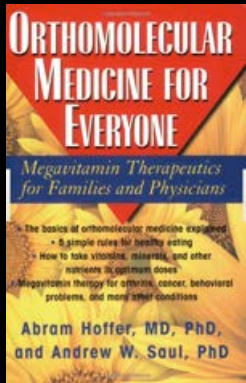


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IN MEMORIAM
ABRAM HOFFER

**Abram Hoffer,
MD, PhD**



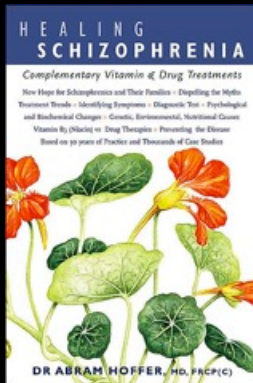
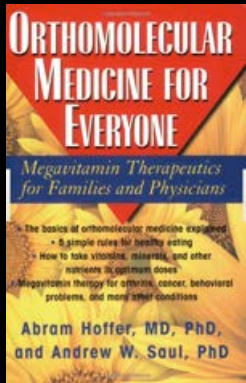
**Anyway, in 1964,
Dr. Hoffer noted that
suicides were
22 times HIGHER
among schizophrenics
given antipsychotics
(tranquilizers)
compared to
NO suicides in his
vitamin-treated groups.**

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IN MEMORIAM
ABRAM HOFFER

**Abram Hoffer,
MD, PhD**



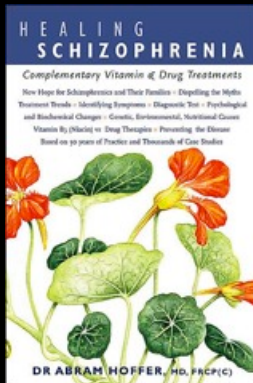
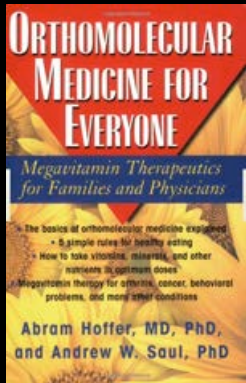
**In 1964, Hoffer wrote
“We believe any drug which
produced this high a
mortality would soon be
removed unless of course
no other drugs were
available to treat the
conditions which
untreated produced a
much higher risk of death.”**

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IN MEMORIAM
ABRAM HOFFER

**Abram Hoffer,
MD, PhD**



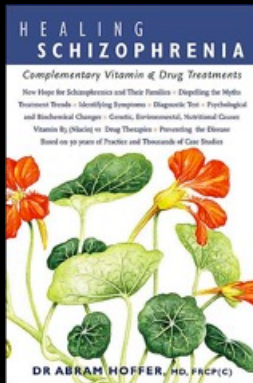
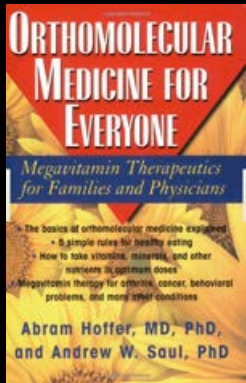
**Hoffer also noted that
“Eleven years later
Bockoven and Solomon
(1975) also found that
tranquilizers did not
improve the long term
prognosis of schizophrenic
patients...”**

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IN MEMORIAM
ABRAM HOFFER

**Abram Hoffer,
MD, PhD**



“... They concluded that the outcome was almost the same with one possible exception, the tranquilizer group fared worse and required much more social supports for them to keep going...”

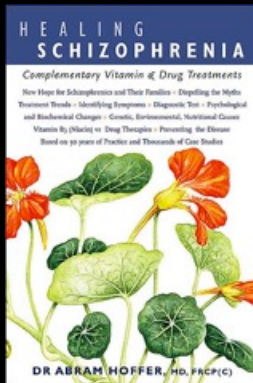
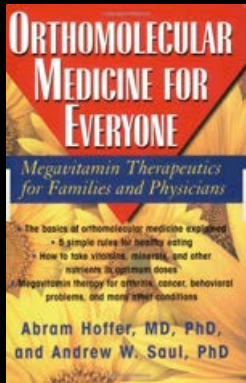
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IN MEMORIAM
ABRAM HOFFER

**Abram Hoffer,
MD, PhD**

**Hoffer also noted that
“Tranquilizers
(antipsychotics)
convert one psychosis
to another..”**

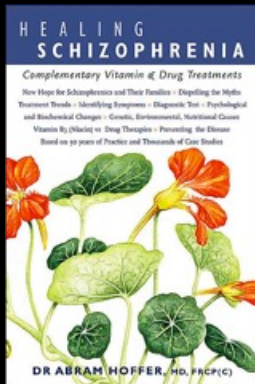
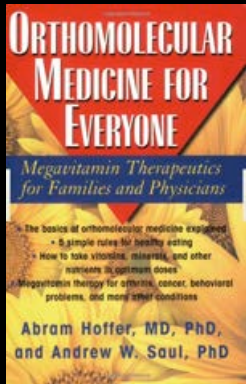


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ABRAM HOFFER

**Abram Hoffer,
MD, PhD**



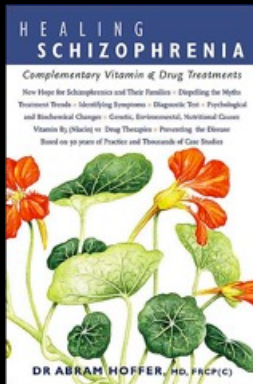
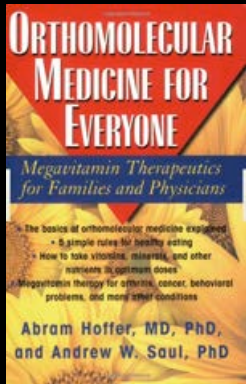
**[converting a
schizophrenic psychosis
to a
tranquilizer psychosis]**

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IN MEMORIAM
ABRAM HOFFER

**Abram Hoffer,
MD, PhD**



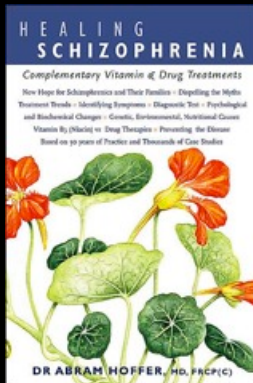
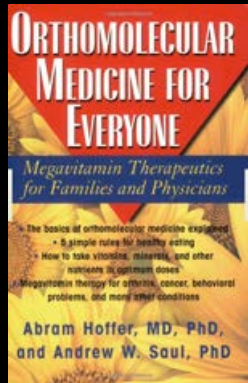
**“... This was first
pointed out by
Prof Meyer-Gross,
shortly after these drugs
were introduced
from France
into England and the US...”**

1917 – 2009



IN MEMORIAM
ABRAM HOFFER

**Abram Hoffer,
MD, PhD**



“... ‘The tranquilizer psychosis prevents the unfortunate patient from becoming a normal member of society because with these symptoms no one can function at jobs or occupations where these symptoms and signs are a handicap...’”

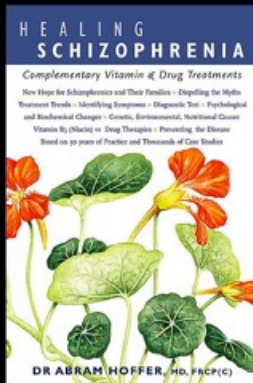
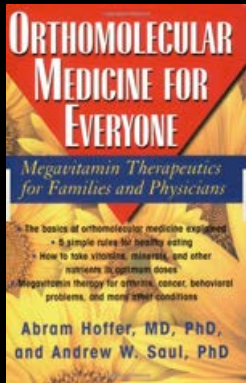
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IN MEMORIAM
ABRAM HOFFER

**Abram Hoffer,
MD, PhD**

**The point of all this
is that we should NOT
be surprised by the fact that
long-term use of
antidepressants and other
psychiatric drugs such as
antipsychotics
appear to make
the problem WORSE.**





**Joan Mathews
Larson, PhD**
JoanMathewsLarson.com

***Joan Mathews-Larson,
PhD is the
best of the best.
She is a pioneer
in the field of treating
drug and alcohol
problems, as well as
anxiety and depression
with nutritional therapy.***

*This video clip was
from a speech that
Dr. Larson gave in
Sacramento, California on Sept 27, 2007
at a conference called
“Beyond Talk Therapy:
New Frontiers in Addiction Treatment”.*

*The two videos of
Dr. Larson's speeches
can be purchased
and downloaded here:*

***[jamisonmedia.com/
Joan-Mathews-Larson-
Video.html](http://jamisonmedia.com/Joan-Mathews-Larson-Video.html)***



**74% of her patients
were sober and stable
after 3.5 years... vs
7% of patients were
abstinent 4 years after
being treated at one of
8 major treatment center
according to an analysis by the Rand Corp.**

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